

Coordinate #1 Know Your Zone -- THE AMAZING CHALLENGE

Understand your zones and where you will have your greatest impact, along with the opportunity to push yourself just outside your zone of comfort, towards growth, in an unforgettable day!

THE RAPID OPTIONS -- Coordinate #2 Explore Possibilities

Enjoy the thrill of whitewater rafting as you are empowered to explore new possibilities, not only on the river, but with content to help you apply this knowledge to match your purpose and design to your



Coordinate #3 Commit to the Journey -- THE FIRST STEP Make a commitment to be adventurous by facing your fears and overcoming obstacles on a high ropes course. This challenge, coupled with powerful content, will provide growth that can be applied to all

THE SURVIVALIST -- Coordinate #4 Prepare for the Unexpected

This venture is designed to help you develop an adventurous mindset learning and applying survival skills, alongside information from Brian and Maryann, to help you be more prepared for whatever



Tuly

Coordinate #5 Embrace the Awkward -- THE UNAVOIDABLE MOMENTS

In order to live adventurously, learning to deal with uncomfortable situations is a must! Discover the sweet results of learning and applying our recipe for embracing those awkward moments.

THE PERSISTENT ESCAPE -- Coordinate #6 Persevere Towards Your Purpose



During this intriguing, interactive adventure, you will learn skills to grow your mindset by reflecting on your why and rerouting your thinking to use the skill of perseverance to accomplish your purpose!

Coordinate #7 Reflect to Grow -- THE ABUNDANT HIKE

Growth from adventure does not always come in the moment, but by taking time to reflect. Learn and apply the art of practicing awareness and reflection to grow as the adventurer of your own life.

More information and sign-ups coming soon: www.adventurouslife.net Follow *Adventurous Life* on Facebook: www.facebook.com/adventurouslife.net

